



Yoga Life Society

Saturday, May 16
8:00am-5:00pm

Path of Light: A One Day Virtual Retreat

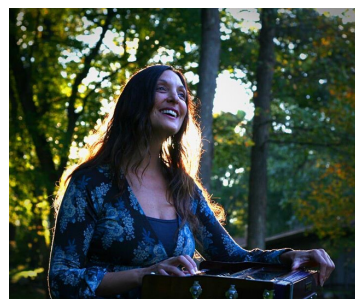
All Day Zoom Retreat with Reverend Jaganath & Yoga Life Society



*A day to inspire and uplift!
This retreat will offer you the tools
to stimulate and motivate you to reveal
the courage, discipline and deep peace
that exist within all of us.*

“A moment of experiencing the Light within can dispel the darkness – pain, fear, and doubt. The holistic teachings and practices of yoga are proven reliable paths to that experience.”

~Reverend Jaganath Carrera



Kristen Ambrosi



Mirabai Moon

Morning & Afternoon Satsang
with Reverend Jaganath Carrera

Energizing Kirtan Music
With Kristen Ambrosi & Mirabai Moon

Rejuvenating Hatha Yoga
Energizing and Restorative Classes

Pranayama & Meditation
Tips and techniques to uncover peace

Suggested Donation: \$81
Nobody will be turned away!

**Essential Workers are invited
to attend free of charge.**
*We extend our gratitude
and prayers to all.*

Yoga Life Society is a non-profit organization, which is committed to serving the community. We appreciate and welcome donations to help us defray the additional costs incurred from temporarily closing our doors. Suggested donation options are available with online registration, nobody will be turned away.

Please visit YogaLifeCenter.org for more information and to register.
If you have any questions, please contact shanti@yogalifesociety.com or call 973-435-9307.

OM shanti, shanti, shanti

www.YogaLifeCenter.org | 973-435-9307